



CYNTHIA ROTHROCK



MARTIAL ARTS LEGEND AND MOVIE STAR

“Mark Grove’s ACTION FX TEAM training program is the very best. His skills as a martial artist and fight choreographer are inspirational, but he is also well versed in all forms of stunt work and special effects, which makes him the perfect mentor for up and coming action performers and actors. He is also a writer and director who specializes in action genre filmmaking, which makes him a great resource for breaking into this highly competitive field. My advice...if you get an opportunity to train with him...don’t pass it up.”

Cynthia Rothrock

ASGARD

ENTERTAINMENT

FILM STUDIO AND TRAINING CENTER



**ACTION FX TEAM
STUNT TRAINING**

GET YOUR CAREER IN ACTION



WEEKLY STUNT TRAINING

Students enrolled in the *Action Fx Team* program receive instruction in Unarmed Combat, Basic Falls, Acrobatics, Classic Weaponry, and Firearms. Every week they work with their partners to create choreographed fight sequences that are designed to increase their understanding of spatial awareness, camera technique, and physical dialogue. These skills serve as the foundation for all stunt work.

STUNT SYMPOSIUMS

Every other month there will be a one day *Stunt Symposium* focused on a single aspect of stunt work. High Falls, Precision Driving, Advanced Firearms, Low Falls, Body Burns, Wire Flying, Breakaways, Car Hits, Horse work, Ground Drags, Martial Arts, Linear Falls, European Weaponry, and Rappelling. Many of these symposiums will be hosted by guest instructors. Students will receive written materials and safety bulletins along with a certificate that commemorates the training.

BI-WEEKLY ACTING WORKSHOPS

The Bi-Weekly Acting Workshops are held in the afternoon on the 2nd and 4th Saturdays of each month. These workshops are designed to not only teach students all the fundamentals of the craft, but to reinforce those lessons by placing them in environments where they must learn to bridge the gap between theory and practical application.

STUNT BREAKDOWNS

Asgard Entertainment also offers marketing services to all it's members. The company receives *Stunt Breakdowns* on the 1st and 3rd weeks of every month that detail every film going into production throughout the world. Performers interested in utilizing this service can have their marketing materials sent directly to the stunt coordinators responsible for hiring decisions on these projects.

WEBSITE PROMOTION

Performers also have the option of having their headshots, resumes and demo reels included on the Asgard Entertainment *Performer Database*. The headshots and resumes will be available for download as PDF files so they can be viewed or printed on any computer.



MARK STEVEN GROVE

Director / Stunt Coordinator

Mr. Grove began his career in the 80's as an actor and later progressed into a variety of positions including; stuntman, fight arranger, firearms handler, stunt coordinator, special effects supervisor, and second unit director. All of his experiences in these fields makes him uniquely qualified to teach anything "Action" oriented.

ASGARD ENTERTAINMENT

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